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High quality of life

with  
attractive  
teeth



## Dear Patient

healthy, natural teeth are a precious gift, since they are part of your health. At some point in a person's life the time may arrive when the matter of dentures has to be addressed.

Perfect dentures give a feeling of well-being, because it is easy to eat and drink, talk and laugh, and of course look good at the same time.

To maintain and restore your teeth and their functions, your dentist and the dental technicians in the dental laboratory provide for you optimum, individual care in line with the latest developments and with the best materials.



SOLIDEX, CERAMAGE and CERAMAGE UP from SHOFU offer you attractive aesthetics and have also proved themselves clinically in the best possible way.

As natural as your dentures look, they need looking after to give you many years of satisfaction.

In this brief leaflet we have compiled a few important tips for daily care of implants, crowns and removable prostheses.



## Daily care

- Continue to clean your dentures two to three times a day in the same way as you do your natural teeth.
- Don't use cleaning tablets, cleaning solutions or concentrates. They can sometimes harm your high-quality treatment, rather than benefiting it.
- For daily, thorough cleaning use a soft toothbrush with rounded nylon bristles or a special brush for cleaning dentures.
- It is best to use a dental gel, which usually contains only fine abrasive particles.
- Brush thoroughly in the spaces between the teeth and also in the places where your dentures come into contact with your natural teeth. Areas which are difficult to reach can be cleaned easily and gently with, for example, interdental brushes.
- Clean your removable dentures over a wash basin half-filled with water. If you should drop them, they will not be damaged.





## Intensive cleaning

Do you smoke or do you like to drink several cups of coffee or tea a day?  
Do you take coloured medicines often?

- Instead of dental gels use conventional toothpastes without highly abrasive particles.
- Don't use household cleaning products or caustic liquids.
- Have regular check-ups with your dentist.

Your dentist or the hygienist in the dental practice will be happy to advise you of the appropriate care for your prosthetic treatment!

Dentist / Laboratory address



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